

## SPEAKING ENGAGEMENTS

Our Hope Grows team is thrilled that you are interested in having us come to speak to your group! We believe that engaging in conversation about family caregiving is critical to shining a light on the mental, emotional, physical, and financial challenges they so often face.

Together, we can continue to empower family caregivers to seek wellness of mind, body, and spirit, which will ultimately lead to a brighter, healthier future for them AND their care receivers!

## We have 4 different levels of speaking engagements that we are proud to offer:

**Uplift:** Includes a 30-minute informational session on "Who is Hope Grows" and the myriad of services we provide, followed by a 15-minute Q&A.

**Cost:** Attendance list with contact info

Inspire: Includes the basic Uplift package above, with an additional 30-minute discussion of 1 of the following Hope Grows topics: Caregiving, Grief & Loss, Stress, Resilience, Empowerment, and Nature.

**Cost:** Attendance list and a \$100 donation

**Add-On \$75 Mini Support Group**: Breakout groups with a counselor for caregivers and a counselor for care receivers

Elevate: Includes a 30-minute presentation on "Who is Hope Grows," plus a 1-hour educational speaking engagement on Caregiver Topics & Support, Resilience & Nature, or Grief & Loss.

**Cost:** Attendance list and \$250 fee, plus the cost of materials (if applicable)

**Add-On \$75 Mini Support Group**: Breakout groups with a counselor for caregivers and a counselor for care receivers

**Influence**: Book Hope Grows as a Keynote Speaker for your event! We can also provide handouts and small promotional items/giveaways.

Cost: Attendance list and \$500 fee, plus, the cost of materials (if applicable)

For more information, contact us at 412-369-4673 ext. 107 or info@hopegrows.org.

