



## MEETINGS & MINI-RETREATS AT THE IRIS RESPITE HOUSE B&B AND HEALING GARDENS

Our Hope Grows team is thrilled that you are interested in reserving our Iris Respite House Sunroom for your gathering! We can accommodate up to 12 guests. Coffee, tea, and water are included in the reservation price; catering services are available for an additional fee.

Reservation dates and activities are dependent upon availability.

**Sunroom Rental:** \$125 per hour, 3 hours max

Consider booking a **Mini-Retreat** for your gathering! We can accommodate up to 12 guests.

**Uplift Mini-Retreat – 3 hours:** Includes the Sunroom rental, a catered breakfast or lunch, and a guided garden tour.

**Fee:** \$600

**Inspire Mini-Retreat – 4 hours:** Includes the Sunroom rental, a catered breakfast or lunch, guided garden tour, and 1 self-care activity.

**Fee:** \$750

**Elevate Mini-Retreat – 5 hours:** Includes the Sunroom rental, a catered breakfast or lunch, Guided Garden Tour, 2 self-care activities, and a special Self-Care Gift for each guest.

**Cost:** \$1,000

### Self-Care Activities to choose from:

- Music Therapy
- Grief & Loss workshop
- Nature Therapy
- Aromatherapy
- Tapping

For more information, call 412-369-4673 ext. 107 or email [info@hopegrows.org](mailto:info@hopegrows.org)

