

# Intern Wanted!



## UNDERGRAD PSYCHOLOGY (OR RELATED FIELD) INTERNSHIP

Hope Grows is a Pittsburgh-based nonprofit that empowers family caregivers to seek wellness of mind, body, and spirit through counseling, education, supportive services, and therapeutic respite opportunities. We work with our corporate healthcare partners in the area to provide quality support through unique coping and self-care program.

Our Think Caregiver program supports family caregivers through monthly phone call check-ins. This internship provides the opportunity to learn active listening, engage in entry-level record/note-keeping, and understand the limits of peer support. Interns will engage in support groups, psychoeducation involvement, and research and development as appropriate.



### Key Responsibilities

- Actively listen to clientele and offer unconditional positive regard.
- Empathy and genuineness towards others in vulnerable situations and exercise sound judgement.
- Establish and maintain effective working relationships with those contacted and the Hope Grows team.
- Demonstrate cultural humility in working with individuals from a variety of socioeconomic and cultural backgrounds.



### Internship Requirements

- Enrollment in an undergraduate program working toward a degree in Psychology, Social Work, Health Sciences, or a related field.
- Have a smartphone, tablet, or computer with access to secure internet.
- This is a temporary (1 semester), unpaid position with a flexible, hybrid schedule.



**SEND RESUME, COVER  
LETTER, AND TRANSCRIPTS TO  
INTAKE@HOPEGROWS.ORG**

Learn more at [www.HopeGrows.org](http://www.HopeGrows.org)